

**CITY OF LONG BEACH DEPARTMENT OF PARKS, RECREATION AND MARINE
LONG BEACH SENIOR CITIZEN ADVISORY COMMISSION**

MINUTES

September 23, 2004

LOCATION:

Long Beach Senior Center
1150 E. 4th Street
Long Beach, CA 90802

I. CALL TO ORDER

Commissioner Higginson, Chair, called the meeting of the Senior Citizens Advisory Commission to order at 9:00 a.m. at the Long Beach Senior Center.

II. FLAG SALUTE – Commissioner Yolken, Vice-Chair

III. ROLL CALL / WELCOME OF GUESTS

The following Commissioners responded to roll call and confirmed a quorum.

Patricia Bergendahl, 6 th District - Excused	Rabbi Sidney Guthman, 3 rd District
Barbara J. Bolin, 9 th District - Excused	Mary Hernandez, 7 th District
Henry Brunner, 7 th District	Nancy Higginson, 3 rd District
Rose Cabanban, 7 th District	Vivian Linderman, 8 th District
Betty Davenport, 5 th District - Excused	Teresa Munoz, 2 nd District
Florence Dodge, 3 rd District	Lu Wall, 3 rd District - Excused
Rita Ellner, 2 nd District	Berry Yolken, 3 rd District
Teodoro Felix, 1 st District	

Staff

Bert A. Srack, Acting Manager of Parks, Recreation and Marine
Belem Solis, Community Recreation Superintendent
Shelley Hellen, Community Services Supervisor
Del Ransom, Clerk II
Fred Towns, Senior Coordinator

IV. APPROVAL OF MINUTES – AUGUST 19, 2004

The August 19, 2004 Senior Citizen Advisory Commission Minutes were approved as mailed.

V. GUEST SPEAKER (S)

The Senior Citizen Advisory Commission had no Guest Speakers for the month of September.

VI. PUBLIC DISCUSSION

The Senior Citizen Advisory Commission had no Public Discussion for the month of September.

VII. CORRESPONDENCE

- A. The Senior Citizen Advisory Commission received a call from Matt Laden regarding the California for Safe Highways requesting to meet with the Commission.

VII. STANDING COMMITTEES

- A. Legislation – Commissioner Munoz

Commissioner Munoz distributed information on “How to hire and supervise in-home help,” in this brochure it explained how to find help, conduct a home interviews and how to terminate; Healthy Democracy – Newsletter in this newsletter it told of how California State Governor, Arnold Schwarzenegger proposed drastic cuts to the In-Home Supportive Services, which is a program that serves over 75,000 seniors and persons with disabilities in California; and Nursing Home Watch, this flyer told of S&F putting senior lives at risk. Commissioner Munoz also updated the Commission on the SB-921 Bill (Single Payer Health Care). This bill would establish a California Health Care System to be administered by the newly created California Health Care Agency, under the control of an elected Health Care Commission. (Attachment)

- B. Transportation – Commissioners Bolin and Linderman

Commissioner Linderman informed Committee that she has been communicating with Long Beach Transit personnel and she is scheduled to meet with their representatives in October.

- C. Health Care – Commissioner Yolken

Commissioner Yolken met with Theresa Marino, Manager of the Bureau of Public Health at the Long Beach Department of Health and Human Services and Dr. Darryl M. Sexton, City Health Officer, also at the Department of Health and Human Services to discuss Prescription Medicine Overdosing of Seniors. Both agreed that a flyer, or other method(s) of communicating this problem to the City's seniors, was a good thing to do. Further, they both agreed to proof what the Commission generates, and the Commission could use their names and titles as concurring. Commissioner Yolken made a motion to create and distribute a flyer to communicate the problems of prescription overdosing of seniors. The motion was passed unanimously. (Attachment)

Commissioner Higginson distributed an article from the Grunion Gazette entitled, “Plan Looks at Needs of Older Residents.” This article reported on the Strategic Plan for Older Adults, which is a continuation of the process that created the city's Strategic Plan 2010. This addition will focus on specific needs of seniors. Commissioner Higginson also presented an article from the Beachcomber entitled, “Resource Center for Senior's at Community Hospital of Long Beach.” This article reported on the Intergenerational Resource Center at Long Beach Community Hospital. This article told of how seniors and community members could find out about anything concerning aging or chronic illness or care giving.

It also stated that California State University of Long Beach students with an interest in academic programs concerning aging and disability could use this center as a resource. (Attachment)

D. Housing – Commissioners Felix, Wall and Cabanban

Commissioner Felix read an article from the Press Telegram entitled, “Housing Remedies Disputed.” This article told of how nearly 200 state and local policy makers confronted Southern California’s growing housing crisis.

E. Safety and Crime Prevention – Commissioners Bergendahl, Guthman and Brunner

The Safety and Crime Prevention Committee had nothing to report.

F. Quality of Life and Leisure – Commissioners Dodge and Hernandez

The Quality of Life and Leisure Committee had nothing to report.

G. Community Relations – Commissioners Davenport and Ellner

Commissioner Ellner informed the Commission that she has been corresponding with various newspapers to promote absentee ballots.

VIII. UNFINISHED BUSINESS

A. Senior Directory

Commissioners Yolken, Wall and Dodge will meet to discuss the Directory.

B. Senior Briefing

The Commission voted to cancel the Senior Briefing entitled, “Voting Preparation” on October 7, but will present the October 14, 2004 Senior Briefing entitled, “Voting Preparation” at Silverado Park, 1545 W. 31st Street, at 10:00 a.m.

C. Senior Strategic Plan

The Strategic Plan for Older Adults is scheduled to be presented at the December 14, 2004, City Council meeting.

X. NEW BUSINESS

A. Rachel Price, California State University of Long Beach

The Senior Citizen Advisory Commission would like to invite Ms. Price to speak to the Commission on a projected California DMV license renewal system.

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XI. STAFF REPORTS

- A. Shelley Hellen, Community Services Supervisor, reported on senior activities at the Long Beach Senior Center and informed the Commission of Rachel Price. (Attachment)
- B. Fred Towns, Senior Coordinator, reported on senior activities at the Silverado Senior Center.
- C. Bert Srack, Acting Manager of Parks, Recreation and Marine, reported on the Departments new budget for the fiscal year 2005.

XII. ANNOUNCEMENTS

- A. Shelley Hellen, Community Services Supervisor, announced that the Long Beach Senior Center would have flu shots on October 19, 2004, from 9:00 a.m. to 1:00 p.m.

XIII. NEXT MEETING

The Executive Board meeting of the Senior Citizen Advisory Commission will be held on Wednesday, October 13, 2004 at 11:15 a.m., at the Long Beach Senior Center. In attendance will be Commissioners Nancy Higginson, Berry Yolken, Lu Wall, and Rose Cabanban.

The General meeting of the Senior Citizen Advisory Commission will be held on Thursday, October 21, 2004 at 9:00 a.m., at Houghton Park Community Center, 6301 Myrtle Ave., Long Beach, CA 90805.

XIII. ADJOURNMENT

Commissioner Higginson adjourned the meeting at 10:21 a.m.